



AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air

AAP-CA3 Committee Co-Chairs:

Vi Thuy Nguyen MD
Melissa Campbell DO MPH

SDPCA Co-Directors:

Sabrina Perrino MD
Wayne Mai, UCSD 24
sdpediatriciansforcleanair.com

MISSION STATEMENT

AAP-CA3 Climate Change and Health Committee. Our mission is to simultaneously promote the health of both San Diego's children and its ecosystems by empowering children through education and outreach to protect their environmental resources and in turn improve their own physical and mental health. We support measures that combat climate change & promote a healthier environment for our children.

Feb 2024 NEWSLETTER

AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air

General Comments

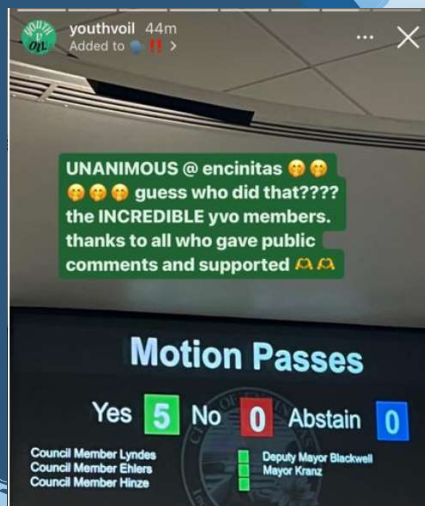
It's Leap Year! I am thinking of making a frog joke but it's not coming this morning. What is coming is a great newsletter and updates for our amazing membership. The biggest news is that after our last meeting and online poll, our group has decided to evolve from San Diego Pediatricians for Clean Air to San Diego Physicians for Clean Air. This will be more inclusive and the amazing Dr. Rachel Abbot has agreed to be the founding Co-Director to bring other specialties in the clean air and local climate and health advocacy fold. Our founding story will always be that it was pediatricians, but now SDPCA will include the grown-up doctors and surgeons and other specialties – because kids and climate need a bigger team! Grateful to everyone especially Dr. Rachel Abbot for ushering us through this next stage of our organization.

Welcome New Green Friends!!!

Through our natural networks – we are welcoming lots of new members! **Emily Nguyen** joins us from **UCLA**. **Hans Bach-Nguyen** joins us from **Harvard College**. **Aayush Pagaria** and **Shine Kyuho Lee** from **UC Berkeley**. Thank you for joining our email list and our community. **Shreya Dhanala** joins us from **UC San Diego**.

SB1137 Oil and Gas Setbacks Bill: Supporting Youth vs. Oil

Defending SB1137 is one of our AAP California priorities. Many thanks to everyone locally who is supporting this effort. SB1137 resolution authored by Youth vs. Oil passed the City of San Diego Environmental Committee unanimously and will go to full city council soon. It also passed last night in the City of Encinitas. Thank you **Kiran Rhodes** for speaking on our behalf at City of San Diego and last night in person at the Encinitas City Council meeting. Many thanks to **Dr. Anthony Proai** and **Daisy Valdivieso MS1** (UCSD SOM) for submitting written



comments for Encinitas. Kiran is taking the lead on SB1137 and is working on an op-ed. There will be the full San Diego City Council meeting vote coming up in a few weeks, so stay tuned and reach out to Kiran if you want to testify or help! kiranjrhodes@gmail.com. There is a **kick-off event on March 23 in Balboa Park with Youth vs. Oil**, and Vi Nguyen MD (me!) am honored to speak. Please wear white coats and come in support at the World Beat Center if you can https://sandiego350.org/event/civi_event_1562/?instance_id=681

Enviro-Art 2024: Youth Climate Art Exhibition

Thank you to **Wayne Mai** and the entire intern team for getting Enviro-Art 2023 across the finish line! We are gearing up for the next iteration of Enviro-Art 2024 and we have a few new UC San Diego Premedical students who want to help. Wayne Mai and Drs. Andrei Fodoreanu and Vi Thuy Nguyen will provide support. The show will be at Dr. Andrei's new art studio in Hillcrest and at H3SD 2024 in the summer at UCSD Med School. We were hoping to partner with Clear Water Innovations, which was co-founded by high school senior Kyle Tianshi who won the 2023 AAP-CA3 Green Ribbon award. Email Wayne Mai at a1mai@ucsd.edu if you are interested. This is such a fun project every year! Check out Wayne's sewer gator!

The public demanded a buffer zone between dangerous oil wells and vulnerable communities. Gov. Newsom approved. Through a misleading campaign, Big Oil threatens to undo this progress through a referendum on the November Ballot.

**YOU CAN FIGHT BACK:
HELP KEEP SB 1137**

Where: Centro Cultural de la Raza, 2004 Park Blvd., San Diego 92103 (Balboa Park)
When: Saturday March 23, 1 to 3 PM

EVENT WILL INCLUDE:

- Guest speakers with personal stories and expertise on environmental justice -- including youth
- Open Q&A panels for the confused, curious, or concerned voter
- Fun art projects, quizzes, and vegan food, along with petitions that engage related issues
- Opportunities to take **action beyond your vote** - volunteer, canvass, spread the word to your community, and more

JOIN OUR ACTIVISTS AND RSVP HERE

SDPCA speaking, writing and publishing!!!

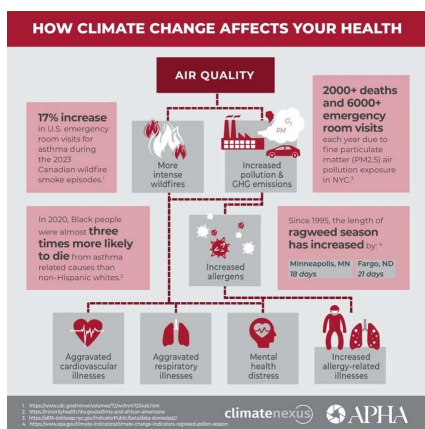
The **Extreme Heat and Youth Sports team (Dr. Melissa Campbell, Ashley Teo, Max Lazo)** presented their project at **2024 Academic Pediatric Association District 9-10 Meeting** in San Diego on Feb 9th. The larger team (with **Aviva Devore and Brendan Toledo**) are writing up their work for Contemporary Pediatrics, which has already been preliminarily accepted as a proposal. **Maxwell Lazo** will be spending the month of May, speaking at various venues educating physicians, nurses and schools about extreme heat and sports through High Tech High's Internship program! **Kian Chou** (UC Berkeley) continues to lead the **Student Electrification Initiative** and is focusing on Riverside. His team which includes health guidance from **Daisy Valdivieso** (MS1 UCSD SOM). Their team will be presenting at **Kaiser Riverside Pediatrics Conference**, and are organizing on Discord (so cool!). They have met with Climate Actions Campaign, and now drawing up proposals to present to the school board and setting up meetings with school board members. Go Kian! **Dr. Vi Nguyen** and **Wayne Mai** will be speaking on global heating and affects on pediatric health on April 22 at Liberty Station Conference Center at the **2nd Annual Environment, Health, and Nursing: Children and Women's Health conference**. We need help that afternoon tabling, so if any students want to come let



us know. It will be a morning event and served lunch. **Daniel Hernandez (Bonita Vista High School)** and **Dr. Vi Nguyen** will be speaking about Climate Action at the American Medical Women's Association National Conference In March. There is more, but phew – lets keep it for the next newsletter!

[Rewild Coalition: Love Your Wetlands and AAP Table!](#)

LOVE YOUR WETLANDS Saturday, February 3rd, 2024 at Kendall-Frost Marsh was a great success! Many thanks to **UCSD premed interns Lauren Trinh, Alyson Paik, Laisha Felix** for creating the wonderful poster, and our student director **Wayne Mai** for leading the trashart event and manning the AAP booth. Shout out to **Drs. Ben Schleifer and Rachel Ireland** for being at our booth as well. We will be dropping a blogpost soon! Thank you again to **Kiran Rhodes** for again advocating for the wildest DeAnza plan on our behalf with the Rewild Coalition at San Diego City Council meeting. Dr. Vi Nguyen will be meeting with Councilmember Dr. Jennifer Campbell soon again regarding the DeAnza plan. If you want to lobby with Dr. Vi Nguyen, please reply to me and we can go together. This is being organized by ReWild, as they think our lobbying meeting might help get more wetlands secure.



[Tijuana Slough AAP/SDPCA Native Species Planting Event](#)

Please join AAP and youth volunteers on **Saturday March 9th at 9-12** replanting event at this gorgeous National Wildlife Refuge. We are back for a 2nd year, and we will be joined by Dr. Ted Ng and his son Max. Also youth volunteer Gabriel Silva will be tabling with information on the health benefits of rewilding events. RSVP link to follow <https://www.eventbrite.com/e/tijuana-slough-nwr-removing-invasive-species-and-replanting-natives-tickets-843661092037>

[Premed Intern Updates.](#)

For next year applying summer of 2024, we have **Laisha Felix (UCSD 23)**, **Ashely Teo (UCSD 23)**, and **Ashley Ariel (Berkeley 22)**. I've tried to reach out to most of the interns, but if you need to touch base on where you are in the process – please text or email Dr. Nguyen! We need to periodically review your resume and grades, and progress so we can keep you on track! Please everyone who is graduating but not yet applying, GET YOUR LETTERS OF RECOMMENDATIONS IN! You can always get your letter writers to update them later, but they need to



write your letters while they still have you fresh in their minds.

[PHAC OC/LA GROWING WITH SDPCA HELP](#)

Many thanks to **Emily Nguyen** (UCLA) and **Hans Bach-Nguyen** (Harvard College) for jumping in and agreeing to help organize and form the Public Health Advisory Council (PHAC) OC/LA for Climate Actions Campaign. They will be on the council, and it will be Co-Chaired by Dr. Vi Nguyen and Aneesah Grayson MPP. This is technically outside of SDPCA, but our allied group as many of us are part of PHAC SD and work closely with Climate Actions Campaign. This is hugely influential work and coalition building, so thank you Emily and Hans.

[H3SD 2023 Wrap Up and 2024 Updates](#)

H3SD 2024 Summit is well on it's way to being reality! Next planning meeting is March 14, 2024. It's going to be AWESOME! Please reach out to Lauren Trinh and Alyson Paik from our team, who are volunteer student coordinators. H3SD Summit will be on August 16 evening and August 17 all day at UC San Diego School of Medicine. Go Lauren and Alyson! ltrinhty@gmail.com or apaik@ucsd.edu

[AAP California Legislative Updates](#)

The team is still Dan Spencer, Priyanka Patel and Vi Nguyen from San Diego. Amanda Millstein (AAPCA1) and Dr. Vi Nguyen remain the Co-Chairs. We are meeting with our executive director Karmi Ferguson probably every month as a team, so that we can continue to bring focus to environmental health and climate change legislation. Our priorities for the next year are the leaded drinking water in k12 schools legislation, masterplan for climate safe schools, and defending the SB1137 win from big oil (this was the oil and gas setbacks bill that passed). Our big contribution from San Diego is that we are creating a statewide advocacy team of medical students and premedical students to help increase the noise and importance of these specific legislations. As a team we are also looking for other partners outside of pediatrics and in other academic institutions to sign on as supporters of these bills. More to come! Reach out if you are interested in helping.

[UPCOMING MEETINGS:](#)

Next Month Wayne Mai will send out the reminder.

