

AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air

AAP-CA3 Committee Co-Chairs: Vi Thuy Nguyen MD Sally Kaufman MD

#### **SDPCA Co-Directors:**

Sabrina Perrino MD Hakim Tokhi, BS sdpediatriciansforcleanair.com

#### **MISSION STATEMENT**

AAP-CA3 Climate Change and Health Committee. Our mission is to simultaneously promote the health of both San Diego's children and its ecosystems by empowering children through education and outreach to protect their environmental resources and in turn improve their own physical and mental health. We support measures that combat climate change & promote a healthier environment for our children.

## Feb 2023 NEWSLETTER

# AAP-CA<sub>3</sub> Climate Change & Health San Diego Pediatricians for Clean Air

### **General Comments**

So much green goodness in this newsletter update. Green hugs to you all for creating hope through action. If you have overcome your climate grief, you will realize there is so much to be done that can be done with joy and with the most amazing green friends.

### Welcome New Green Friends!!!

We have had a flurry of new friends! Welcome to **Dr. Mary Lou Lindegren** who is a pediatrician with 20 years of experience from the CDC, and also is part the League of Women Voters EJ Subcommittee. We welcome you with open arms! We are also joined by new pediatrician **Dr. Sally Kandah (Kaiser),** and **UCSD SOM student Karyssa Domingo**. New Premedical Interns joining us as we graduate two students to medical school are **Zoe Cho (Barnard)** and **Kiran Rhodes** (Pitzer College post bac).

## #fightfor1point5: Fossil Fuel Divestment Work!!!

Vi continues to focus on divestment work and finished her official training as a "fiduciary" for the SCPMG Retirement Committee, and will be headed to Pasadena for the first official meeting. Right now the plan is to tell everyone "I'm a climate and health advocate." What Riley and Vi learned form the National Climate Advocate Program "Currently, less than 10% of these defined contribution plans include climate-friendly options, in stark contrast to the explosive growth in demand for environmental, social, and governance (ESG) investment options in the broader market. When the Department of Labor rule takes effect on January 30, plan fiduciaries will not have a barrier to consider climate change and other ESG factors when selecting the menu of investment options available to plan participants." Vi will continue to try to figure out how to divest from within. SB1173

#### The San Diego Union-Tribune



Environmental pollution is one of the root causes of poor health among humans.

BY LAISHA FELIX FEB. 15. 2023 6:19 PM PT

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Felix is a pre-med and psychology major with a Human Developmental Scient minor at UC San Diego and lives in Chula Vista.

Barrio Logan is a representation of our people. It is our culture. When one mentions Barrio Logan, the first thing I think about are colorful murals and Chicano history.





coalition is this year SB252 - the California Public Employee Pensions bill that seeks to divest. SDPCA officially signed on. Vi is part of a national pediatric author group that has submitted a paper entitled "Climate Change Advocacy Through Fossil Fuel Divestment," to the Yale Journal of Biology and Medicine. Crossing fingers it gets accepted and we have planned commentaries that will drop in KevinMD and Contemporary Pediatrics with editor agreement. Onward!

## Mitsubishi Cement /Diesel Truck Project – EJ Project in Barrio

Team of Laisha Felix and Vi Nguyen completed this advocacy program. We are incredibly proud of Laisha Felix for her Telemundo Interview, Rally speech, Port meeting comments, and beautifully written op-ed published in the SD-UT. Please take a read if you have time. Laisha you did it!

https://www.sandiegouniontribune.com/opinion/commentary/story/2 023-02-15/opinion-places-like-barrio-logan-can-become-diesel-deathzones-due-to-vehicle-pollution

## "How Do You Prescribe Nature? Collaborative Nature Workshop of AAP with San Diego Audubon!

It's happening! Save the date for March 25, 9-1pm AAP event with San Diego Audubon at the Tijuana Slough National Wildlife Refuge (2 hour shifts). Kids encouraged! Our wonderful chapter leadership approved budget and will be funding \$100 worth of native shrubs we will help replant. Vivian Fung from Fungtography http://www.fungtography.com/ will be offering nature photography tips and lessons for kids and we'll have our Pediatrics and Preservation patches available. CME from Kaiser too! WOW! Contact Vi or Ben for more information.

## Green Ribbon is Back!!! Greater San Diego Science and Engineering Fair.

Patty Pascual is leading our committee's Green Ribbon again! The actual science fair is in person this year, March 13-19. High Tech High volunteer Zuri is helping Patty and will be doing her junior internship with us. Please contact Patty if you are interested in judging or want to donate to the prizes.

## Writing Writing Writing, Speaking Speaking Speaking

Big Kudos as always to everyone who is writing and publishing and





organizing! Riley Gilbertson led the author group and published his leaded aviation fuel project entitled "Role of Physician Advocacy in Supporting Policy Change Reduces Leaded Aviation Gasoline Emissions" in the Journal of Public Health. Riley has been accepted to UC Irvine School of Medicine and for now the plan is for him to be there. We are excited as Irvine is not too far from us! Sally Kaufman along with San Diego Audubon will be organizing a conference in the spring at San Diego City College and has some great speakers from our group lined up! Ashley Teo and Vi Nguyen are leading an author group of pediatricians from the AAP National Climate Advocate Program working with more traditional conservation groups on climate projects for the Journal of Climate Change and Health. Wayne Mai is hard at work leading the national effort for #ClearSkies #EnviroArt project, and it has expanded (I kid you not) to Oregon, New York, Montana, Missouri and maybe Texas. Our plan is to write this up for the AAP NCE to present in Texas 2023.

## Pikachu and Building Electrification!!!

Save the date for **April 24, 1230-130 virtual**. **Ashley Calderon** our premed intern from UC Berkeley will be leading a webinar and discussion with **UCSD Allergist Dr. Christine James** on the **"Public Health Benefits of Building Electrification."** The official ad has a lightning bolt but wanted to show the pikachu one last time. Some wise person clued us into avoiding copyright issues. Zoom link will follow! Kaiser CME 1.0.

## AAP California Legislative Updates

The team is still Dan Spencer, Priyanka Patel (who moves onto NICU fellowship at USC but will still work with us) and Vi Nguyen. The focus this year is Climate Ready Schools. Stay tuned and if we need folks to testify or to write op-eds, we will reach out! This is the coalition that we are a part of, Undaunted K12 - <u>https://tarantula-cow-e2dh.squarespace.com/home</u>

#### Love Your Wetlands Day! Big Success!

February 4<sup>th</sup> was Love your Wetlands Day! It was a great success and thank you for everyone who came out. Blogpost will drop soon in AAP CA3 site. Thank you to Ashley, Laisha, Wayne, Dr. Melissa Campbell, Dr. Ben Shleifer, and youth volunteers for showing up!

## **UPCOMING MEETINGS:**

**General Committee Meeting:** Q2MONTH Climate Change & Health Meeting **April TBA** via Zoom. Please email our Co-Director Hakim Tokhi