



## AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air

### AAP-CA3 Committee Co-Chairs:

Vi Thuy Nguyen MD  
Sally Kaufman MD

### SDPCA Co-Directors:

Sabrina Perrino MD  
Wayne Mai, UCSD 24  
sdpediatriciansforcleanair.com

### MISSION STATEMENT

AAP-CA3 Climate Change and Health Committee. Our mission is to simultaneously promote the health of both San Diego's children and its ecosystems by empowering children through education and outreach to protect their environmental resources and in turn improve their own physical and mental health. We support measures that combat climate change & promote a healthier environment for our children.

## Dec 2023 NEWSLETTER

## AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air

### General Comments

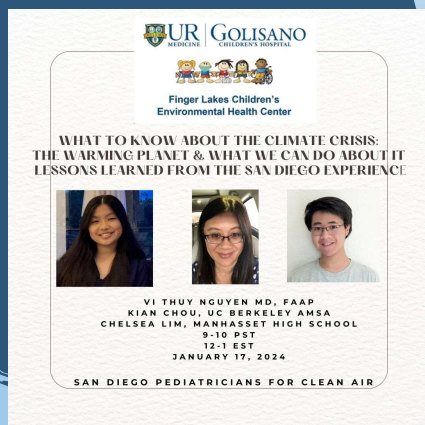
It's Dec 31 so this still counts as the December newsletter! Lots of information. Most importantly we want to thank Sally Kaufman for being co-chair of the AAPCA3 Climate Change and Health Committee for 4 years now! Sally will be stepping down as Co-Chair but remains on the SDAS board (formerly Audubon) and as a member. If you want to jump in and hang out a lot of the rest of us, please let us know. We would love to have a new co-chair! We will train you.

### Welcome New Green Friends!!!

Through our natural networks – we are welcoming members mostly from the medical school. **Daisy Valdivieso MS1 UCSD SOM. Hannah Pham MS1 UCSD SOM. Aaron Bautista MS3 WesternU.** We also have our new stellar premedical student **Kian Chou (UC Berkeley 27)** who is from Riverside.

### Lead Pollution Reduction Team

**Dr. Ben Schleifer** is going to lead our lead pollution reduction advocacy team from the pediatrician side. He specifically is working on leaded avGas at the Carlsbad airport and San Diego County with our advocacy partners (including **Earth Justice** and **California Nurses for Environmental Health and Justice**). We are focused on stricter lead standards for K12 school drinking water, since AB249 Holden was vetoed by the Governor. The leaded drinking water team includes **Katie Balen (UCSD premed)** and **Maya Kalbag (UCSD SOM MS 2)**. The team now includes **Lauren Trinh (UCSD premed)**, **Ethan Trinh (UC Riverside)**, and **Kian Chou (UC Berkeley)**. We are partnering with Children Now and UC San Diego School of Medicine PRIME HEq and working under AAP California umbrella. **Riley Gilbertson (now MS1 at Vanderbilt)** and **Dr Vi Nguyen** successfully presenting “The Role of Physician Advocacy in Supporting Policy Change That Reduces Leaded



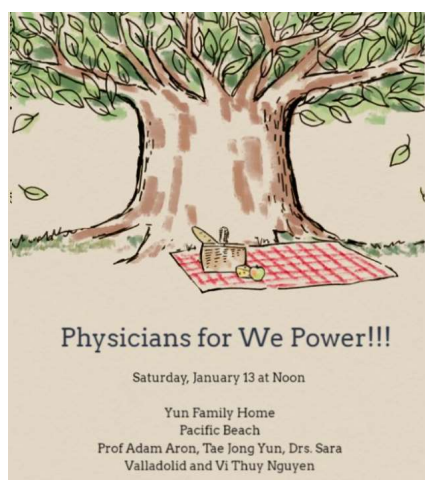
**Aviation Gasoline Emissions”** in the Journal of Community Health by the California Department of Public Health during Lead Pollution Prevention Week. Here is the link for anyone who wants to watch. <https://youtu.be/q46bWYj5zJU?si=wsP53sTalW8kjKhN>

### Enviro-Art 2024: Youth Climate Art Exhibition

Thank you to **Wayne Mai** and the entire intern team for getting Enviro-Art 2023 across the finish line! We are gearing up for the next iteration of Enviro-Art 2024 and need a new team, new theme, and fun ideas. Wayne Mai and Drs. Andrei Fodoreanu and Vi Thuy Nguyen will provide support. It's really open to creativity and we have the blueprint from the last two years. The show will be at Dr. Andrei's new art studio in Hillcrest and at H3SD 2024 in the summer at UCSD Med School. We were hoping to partner with Clear Water Innovations, which was co-founded by high school senior Kyle Tianshi who won the 2023 AAP-CA3 Green Ribbon award. Email Wayne Mai at [a1mai@ucsd.edu](mailto:a1mai@ucsd.edu) if you are interested.

### SDPCA speaking, writing and publishing!!!

To say we've all been busy is an understatement! **Nov 16 Dr. Nguyen** co-presented with **Lauren Trinh (UCSD Premed)** and **Daniel Hernandez (Bonita Vista High School)** presented at UCSD SOM Course **Influences on Health: From Genes to Communities –SOMI 233** on our shared advocacy. They did great! Big congrats to **Dr. Melissa Campbell** and **Zuri California (High Tech High)** for their successful presentation **Nov 18** at the San Diego 350.org event “Learn and Share about Sustainability Town Hall Chula Vista.” **Kiran Rhodes** successfully completed the **Yale School of Public Health, Climate Change and Health Program!** Our first graduate! Dec 7 Kiran also spoke up at the San Diego Planning Commission for more wetlands with the Rewild Coalition. Great job Kiran! Our own **Dr. Devin Ball** was accepted to the Kaiser LAMC Allergy Fellowship which is UBER competitive! Congrats Devin! The **Extreme Heat and Youth Sports team (Dr. Melissa Campbell, Ashley Teo, Aviva Devore, Brendan Toledo, and Max Lazo)** really knocked it out of the park. Their abstract was accepted to **2024 Academic Pediatric Association District 9-10 Meeting** as a presentation, and they'll be speaking at the conference (which is in SD) on Feb 9<sup>th</sup>!. Also good luck to **Chelsea Lim (Manhasset High School)** and **Kian Chou (UC Berkeley)** who will be speaking with Dr. Nguyen at the New York State Children's Environmental Health Network webinar series on their advocacy. And good luck to **Ethan Trinh** and **Dr. Sabrina Perrino** with Dr. Nguyen who will be speaking at Western U's Pediatric Interest Group in person Feb 28! Thank you Aaron Bautista for getting



us the invite! Phew. There's more but we'll save it for the next newsletter. Talk about the students KNOCKING IT OUT OF THE PARK!

### Physicians for We Power Gathering

Drs. Sara Valladolid and Vi Nguyen would like to invite anyone who wants to network to the Yun Family Home in PB. **Sat, Jan 13 from 12-2pm**. Come eat vegetarian pizza or vegan thai food and hear from our climate friend Prof. Adam Aron. "We are inviting our healthcare friends to come learn about the Power San Diego Ballot Initiative from our climate friend Prof. Adam Aron. Hear from two pediatricians why replacing SDGE with a non-profit utility is a health care issue. At least come network with amazing health care friends, and you may be inspired to sign and become a "circulator" - gathering signatures from friends and family in this organic grassroots movement for affordable renewable power. Vegetarian pizza and/or vegan thai food will be served. FREE just like the sunshine should be."




### Rewild Coalition: Love Your Wetlands and AAP Table!

LOVE YOUR WETLANDS is back! It will be our 3rd year tabling as part of the Rewild Coalition and conservation experts at SDAS. Our lead is **Dr. Ben Schleifer**. **Saturday, February 3rd, 2024 9 AM - 3 PP, Kendall-Frost Marsh**

Please contact Ben if you want to help! Below is the information from UC Natural Reserve System. ( [bjshleifer88@gmail.com](mailto:bjshleifer88@gmail.com) )

*Love Your Wetlands Day is an opportunity to explore UC San Diego's protected Kendall-Frost Marsh Reserve in Mission Bay while also learning about the importance of coastal wetlands, the climate threats they face, and the ways local communities are working to restore and protect them. Uniquely located in the densely populated urban area, Kendall-Frost Marsh is a valuable laboratory and popular component of the University of California's Natural Reserve System, a library of ecosystems throughout California representing most of the state's major habitats. Activities will take place throughout the day and are family friendly:*

- Guided marsh and kayak clean ups
- Guided birding
- Booths from environmental organizations
- Educational presentations by local scientists

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- *Speeches by elected officials, and cultural activities with Indigenous leaders*
  - *Native planting*
  - *Fish seining*

### Tijuana Slough AAP/SDPCA Native Species Planting Event

Please join AAP and youth volunteers on **Saturday March 9<sup>th</sup> time TBA** replanting event at this gorgeous National Wildlife Refuge. We are back for a 2<sup>nd</sup> year, and we will be joined by Dr. Ted Ng and his son Max. Also youth volunteer Gabriel Silva will be tabling with information on the health benefits of rewilding events. RSVP link to follow.

### Premed Intern Updates.

We have **Wayne Mai (UCSD)** and **Ann Nguyen (from Macalaster College and Missouri Clinicians for Climate Action)** applying this year. Good luck to them both as they are done with secondaries and awaiting interviews. We are all cheering you on! For next year applying summer of 2024, we have **Laisha Felix (UCSD 23)** and **Ashely Teo (UCSD 23)**. I've tried to reach out to most of the interns, but if you need to touch base on where you are in the process – please text or email Dr. Nguyen! We need to periodically review your resume and grades, and progress so we can keep you on track!

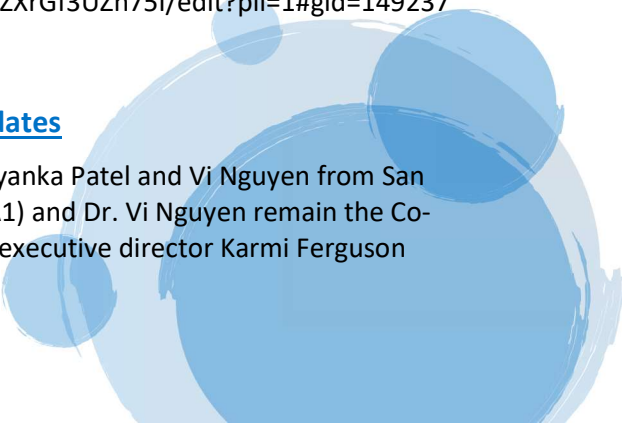
### H3SD 2023 Wrap Up and 2024 Updates

This is a whole coalition that we are proud to have initiated and led. We applied for the **American Climate Leadership Award** for H3SD and are awaiting word. But we have heard that we have funding for next year from Kaiser for H3SD 2024. Dr. Luis Castellanos (UCSD SOM) and Dr. Nguyen will be organizing the large coalition. This next summit will again be focused on extreme heat and health effects, but we look forward to new partners, new breakout sessions and new creative ideas. Please fill out the following form if you are interested in helping plan H3SD 2024! Should be fun. Likely late August in the same beautiful space at the med school.

[https://docs.google.com/spreadsheets/d/1X9-\\_iBpv7nKsRyQdcd1zsz1GprhsOJ1ZXrGf3UZn75l/edit?pli=1#gid=1492371034](https://docs.google.com/spreadsheets/d/1X9-_iBpv7nKsRyQdcd1zsz1GprhsOJ1ZXrGf3UZn75l/edit?pli=1#gid=1492371034)

### AAP California Legislative Updates

The team is still Dan Spencer, Priyanka Patel and Vi Nguyen from San Diego. Amanda Millstein (AAPCA1) and Dr. Vi Nguyen remain the Co-Chairs. We are meeting with our executive director Karmi Ferguson







probably every month as a team, so that we can continue to bring focus to environmental health and climate change legislation. Our priorities for the next year are the leaded drinking water in k12 schools legislation, masterplan for climate safe schools, and defending the SB1137 win from big oil (this was the oil and gas setbacks bill that passed). Our big contribution from San Diego is that we are creating a statewide advocacy team of medical students and premedical students to help increase the noise and importance of these specific legislations. As a team we are also looking for other partners outside of pediatrics and in other academic institutions to sign on as supporters of these bills. More to come! Reach out if you are interested in helping.

#### UPCOMING MEETINGS:

##### **General Committee Meeting:**

Here is the meeting link for the SDPCA meeting, Jan 23rd at 7:30pm.

Wayne Mai is inviting you to a scheduled Zoom meeting. Join Zoom Meeting <https://us04web.zoom.us/j/9089809165?pwd=OVM5MDZiVk1tWjZXaHVUbFVKTi9hdz09&omn=76369204589> Meeting ID: 908 980 9165 Passcode: a