

Dec 2022 NEWSLETTER

AAP-CA3 Climate Change & Health San Diego Pediatricians for Clean Air



**AAP-CA3 Climate Change & Health
San Diego Pediatricians for Clean Air**

AAP-CA3 Committee Co-Chairs:
Vi Thuy Nguyen MD
Sally Kaufman MD

SDPCA Co-Directors:
Sabrina Perrino MD
Hakim Tokhi, BS
sdpediatriciansforcleanair.com

MISSION STATEMENT

AAP-CA3 Climate Change and Health Committee. Our mission is to simultaneously promote the health of both San Diego's children and its ecosystems by empowering children through education and outreach to protect their environmental resources and in turn improve their own physical and mental health. We support measures that combat climate change & promote a healthier environment for our children.

General Comments

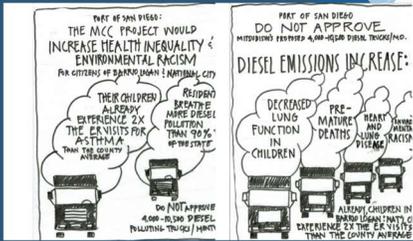
It's December and can you believe it's December? When a climate activist is hopeful for the upcoming year, one knows that we are moving the needle toward a sustainable future. Change absolutely has to be grassroots, and we are that grassroots movement. Thank you to each of you for helping to decarbonize the healthcare sector and educate our region on the links of climate and health.

#fightfor1point5: Fossil Fuel Divestment Work!!!

Our group is laser focused on reducing GHG emissions from the healthcare sector and a majority of that is what is known as Scope 3 emissions from where healthcare invests money (think pensions and 401ks). Vi won a spot on the Retirement Committee and thank you to everyone for that support. Being at the same committee and table with those big decision makers, will be vitally important to apply pressure. Will keep you updated! SB1173 coalition remains alive and active, and next year we will continue to be part of the effort to work on moving the California Public Employee Pensions away from fossil fuels. Vi will be recruiting others within SCPMG to run for other retirement committee positions in other MSAs. Since Riley has finished the leaded aviation fuel project, he will be transitioning to work on fossil fuel divestment with Vi. Yeah!

Mitsubishi Cement Plant/Diesel Truck Project – EJ Project in Barrio

Mitsubishi Cement Plant and Diesel Trucks in Barrio Logan you ask? SDPCA says NO! We've been asked by San Diego 350.org and Environmental Health Coalition and Sandy Naranjo (port commissioner) to look into this. And after careful review, our team has a strong stance that this is something we are rallying AGAINST. Laisha and Vi will be speaking at a rally on December 13 along with other



clean air advocates. We plan to submit an op-ed and hope to make some good trouble! We are hoping to make the news again! LOL.

[Youth Arts Exhibition 2023 Working to Expand to Three States](#)

The premed intern team led by **Wayne Mai**, and supported by **Laisha Felix**, **Nicole Manuguid**, and **Ashley Teo** are hard at work. Have I told you how amazing your team is? They have launched their Instagram account and the submission site is almost ready to launch. Vi found some funding for them, and the high school poetry team is formed with great support by **Maricor Javier**! We do need pediatrician judges for the categories. We need some small donations for the reception! And Andrei and Vi are looking for a studio site, and hoping UCSD Muir college will work out but if you have other ideas let us know! Email a1mai@ucsd.edu (not between Dec 2 – Dec 9 as UCSD has finals) if you would like to be involved.



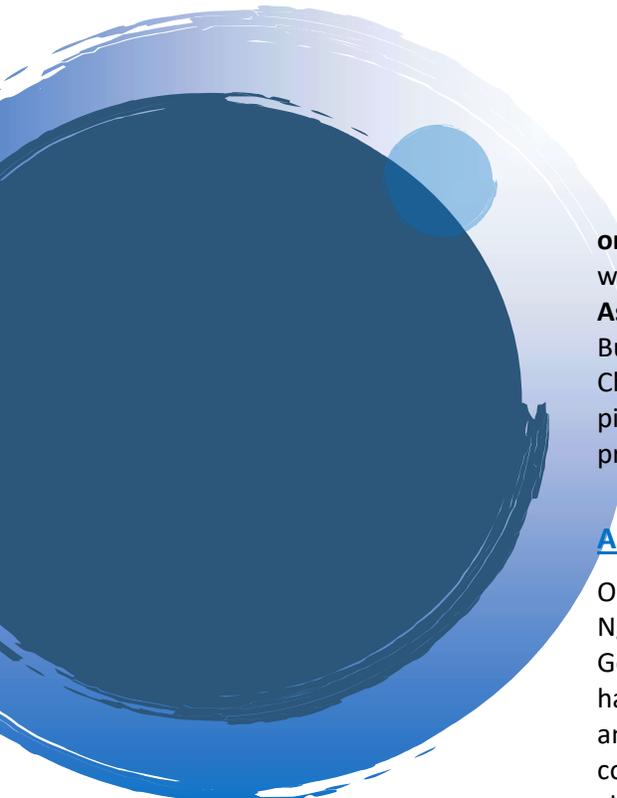
[“How Do You Prescribe Nature? Collaborative Nature Workshop of AAP with San Diego Audubon!](#)

Okay here we go! We are ready to start planning two workshops with healthcare providers and the San Diego Audubon. These would be on the beautiful wild sites (some wetlands) that Audubon cares for. So think getting outdoors with friends and kids, and getting dirty and figuring out how to rewild ourselves and how to prescribe nature in clinic! The tentative plan is one event in March. The image is the scout patch designed by our premed intern Wayne to pilot during these events! They are gorgeous and we have 300 ready to go! Email Ben or Vi if you are interested in this! Bschieffer88@gmail.com



[Writing Writing Writing, Speaking Speaking Speaking](#)

Our group continues to do what is impactful, which is to #talkclimate. Big kudos to our premedical interns especially for getting out there with their charismatic voices. **Ashley Teo** and Vi spoke at the **Bonita Optimists Club on November 3**, and the talk on climate and health especially Ashley’s work was warmly received. **Riley Gilbertson** was out front in center speaking on **November 29 to the Youth Advisory Council of the UCSD Refugee Health Center** on his advocacy. Pretty sure you inspired some high school students! Vi gave **Grand Rounds at MGH in Boston**, her training home on November 15, and Dr. Kleinman the chief of pediatrics there said “We want you back.” And that was a surreal moment for her to be honest. Don’t worry. She isn’t going anywhere. **Sally Kaufman** along with **San Diego Audubon will be**



organizing a conference in the spring at San Diego City College, so we will need speakers there. Contact Sally! Priyanka, Vi and hopefully **Ashley Calderon** are planning on a webinar on the importance on Building Electrification and the benefits to human health with Dr. Christine James from UCSD. We are hoping to have Ashley write a piece for the Climate Actions Campaign blog as well. Lots more writing projects and papers in the works, and we will keep you updated!

[AAP California Legislative Updates](#)

Our team continues to be active in state advocacy. Dan Spencer, Vi Nguyen and Priyanka Patel will all remain on the AAP California State Government Affairs Expert Committee on Environmental Health. We have now contacts with Javier Sanchez, who is Kaiser San Bernardino and California Medical Association climate person. Our plan is try to coordinate AAP and CMA climate legislative goals, as the CMA has close ties with the legislative staffers that work directly with Governor Newsom. We are dreaming big so stay tuned!

UPCOMING MEETINGS:

General Committee Meeting: Q2MONTH Climate Change & Health Meeting **January TBA** via Zoom. Please email our Co-Director Hakim Tokhi for suggestions for agenda items or questions. Hakim hakimtokhi@gmail.com



