



San Diego & Imperial Counties  
INCORPORATED IN CALIFORNIA

AMERICAN ACADEMY OF PEDIATRICS - CALIFORNIA CHAPTER 3

American Academy of Pediatrics

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# 25

TH ANNUAL

## SAN DIEGO PEDIATRIC SCHOOL HEALTH CONFERENCE

2022



WEDNESDAYS, OCTOBER 19 & 26  
6:30-8:30PM VIA ZOOM



# 25<sup>TH</sup> ANNUAL

**SAN DIEGO PEDIATRIC SCHOOL HEALTH CONFERENCE**



## **SAN DIEGO PEDIATRIC SCHOOL HEALTH CONFERENCE WEDNESDAYS, OCTOBER 19 & 26 6:30 PM VIA ZOOM**

### **AGENDA**

#### **Night One**

**6:15 PM VIRTUAL RESOURCE FAIR SLIDESHOW**

**6:30 PM WELCOME**

**6:35 PM HOT TOPICS NIGHT ONE, Howard Taras, MD, FAAP, UC San Diego**

**7:00 PM SD COUNTY BRIEFING ON COVID PROTOCOLS IN LOCAL SCHOOLS, Corinne McCarthy, RN, SDCOE and Heather Conrad, MD, Rady Children's Hospital**

**7:30 PM THE LATEST PEDIATRIC IMMUNIZATION NEWS & COVID-19 VACCINES, Mark Sawyer, MD, FAAP, UC San Diego**

**8:00 PM MENTAL HEALTH REFERRALS IN THE AFTERMATH OF COVID, Hilary Bowers, MD, FAAP, Children's Primary Care Medical Group**

**8:30 PM PANEL Q&A**

**8:45 PM ADJOURN NIGHT ONE**

#### **Night Two**

**6:30 PM WELCOME, INTRODUCTIONS & HOT TOPICS NIGHT TWO, Howard Taras, MD, FAAP, UC San Diego**

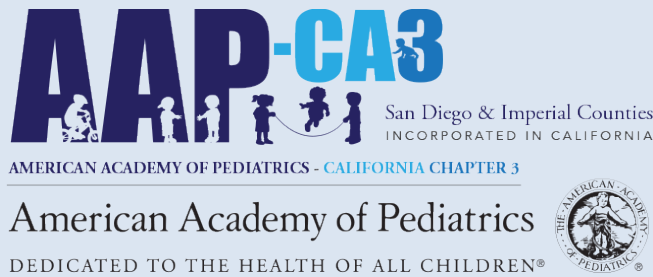
**7:00 PM VULNERABLE YOUTH & TRAFFICKING, Kanani Titchen, MD, FAAP, UC San Diego**

**7:30 PM EATING DISORDERS- A GENERAL PEDIATRIC PERSPECTIVE ON THE SCALE AND CASE BACKUP RELATED TO COVID, Natalie Muth, MD, MPH, RDN, FAAP, Children's Primary Care Medical Group**

**8:00 PM PANEL Q&A**

**8:15 PM VIRTUAL RESOURCE FAIR SLIDESHOW**

**8:30 PM ADJOURN CONFERENCE**



**25<sup>th</sup> Annual AAP-CA3 San Diego Pediatric School Health Conference**  
**Wednesdays, October 19 and 26, 2022**  
**Start time: 6:30 PM End Time: 8:45 PM**

**Attendees: Prior to the start of the activity, please review the below information to ensure successful participation in this Activity**

**Activity Location:** <https://us02web.zoom.us/j/85684304238?pwd=eWNMKzgz4VFV3OFBjUIYxQm50dGlqQT09>  
Passcode: 468509

**Accreditation and Designation Statements**

- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California Chapter 3 of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.
- The AAP designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 4.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 4.0 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 4.0 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

**MOC Statement: (MDs)**

- Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 4.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

*If you do not successfully complete all components of the activity and evaluation assessment ABP MOC Part 2 Points will not be awarded.*

Please note: your completion data will be shared with the ABP through the ACCME PARS system within 30 days of successful completion. This will include the name of the activity and provider; participant name; participant's ABP ID number; participant's DOB; date of completion of the activity; the PARS activity identifier; ABP MOC Part 2 credit statement and number of MOC points awarded. If any questions or concerns please contact the activity manager [kpfeifer@aapca3.org](mailto:kpfeifer@aapca3.org).

***Please complete the evaluation to receive CME Certificate; the link will be sent by email after 2nd session. CME Certificates will be available for download or issued upon request.***

*MOC 2 Questions must be completed to receive MOC Part 2 (MDs).*

*Attendees must claim credits through their issuing CE agency. Attendees must report their own attendance to their CE provider. The California Board of Registered Nursing accepts AMA PRA Category 1 Credits<sup>™</sup> for meeting RN continuing education requirements. (Report "ACCME Category 1" as the provider number.)*

**Purpose of Course**

This conference is an educational opportunity to provide needs-based education for physicians and health care providers to improve knowledge, competence and performance and enable the optimum provision of health care. It is designed to improve communication between physicians and school nurses and learn how to avoid duplicating patient services and to coordinate care between physicians and school services.

**Learning Objectives**

General Learning Objectives

- Updated recommendations on vaccines for children, especially the COVID-19 vaccine, and presentation of local trends observed over the past year.
- Promote and facilitate collaboration among pediatricians, families, school staff, school physicians, and school nurses is increasingly critical to optimal health care in both office and community settings.

After completing this course, you should be able to:

1. Challenge biases related to “the perfect victim” and about clinical approaches and language that may be hurtful and helpful to patients.
2. Identify the National Human Trafficking hotline number and at least one San Diego resource for youth victims of human trafficking.
3. Outline how the COVID 19 pandemic impacted the incidence, prevalence, and severity of eating disorders among children and adolescents.
4. Describe the role of the primary care pediatrician in the identification and management of eating disorders.
5. Describe how to use COVID vaccines in Children.
6. List some new non-COVID vaccine recommendations for children.
7. To understand how both school-based and public health resources can impact the K-12 response to communicable disease.
8. Understand the trends of COVID-19 case rates and vaccination status for the K-12 community.
9. Identify potential environmental effects that impact the health of the K-12 community.
10. Identify infectious disease monitoring in the K-12 setting.

No commercial support is associated with this CME activity.

**Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AAP CME Activities Grid**

The AAP recognizes that there are a variety of financial relationships between individuals and ineligible companies that require review to identify possible conflicts of interest in a CME activity. The “AAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AAP CME Activities” is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities by identifying and mitigating all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. AAP has taken steps to mitigate any potential conflicts of interest. The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to mitigate them prior to the CME activity are implemented in ways that are consistent with the public good. The AAP is committed to providing learners with commercially unbiased CME activities.

All AAP CME activities will strictly adhere to the *Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence in Accredited Continuing Education*. In accordance with these Standards, the following decisions will be made free of the control of an ineligible company: identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the CME activity.

**DISCLOSURE OF FINANCIAL RELATIONSHIPS**

All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that the individual either has no financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. An ineligible company is defined as any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Listed below are the disclosures provided by individuals in a position to influence and/or control CME activity content. **All of the relevant financial relationships listed for these individuals have been mitigated.** This activity may discuss or demonstrate pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or “off-label” use of an approved device or pharmaceutical.

Name	Role	All Financial Relationships (Please indicate Yes or No)	Name of Ineligible Company* Please list name(s) of entity <u>AND</u> Nature of Financial Relationship(s) (Please list: Research Grant, Speaker’s Bureau, Stock/Bonds excluding mutual funds, Consultant, Other - identify)
Michelle Dern, MD, FAAP	Planner/Disclosure COI Reviewer & Mitigator	NO	NONE
Meredith Kennedy, MPH	Planner/AAP Staff	No	NONE
Kirstie Pfeifer	Planner/AAP Staff	YES	Pfizer stock- sold
Sharon Sternfeld, MD, FAAP	Planner/Disclosure COI Reviewer & Mitigator	NO	NONE

Name	Role	All Financial Relationships (Please indicate Yes or No)	Name of Ineligible Company* Please list name(s) of entity <u>AND</u> Nature of Financial Relationship(s) (Please list: Research Grant, Speaker's Bureau, Stock/Bonds excluding mutual funds, Consultant, Other - identify)
Howard Taras, MD, FAAP	Faculty	NO	NONE
Mark Sawyer, MD, FAAP	Faculty	NO	NONE
Corinne McCarthy, RN	Faculty	NO	NONE
Heather Conrad, MD	Faculty	NO	NONE
Kanani Titchen, MD, FAAP	Faculty	YES	Organon/Merck
Natalie Muth, MD, MPH, RDN, FAAP	Faculty	NO	NONE
Hilary Bowers, MD, FAAP	Faculty	NO	NONE

### Product-Specific Advertising / Links to Product Websites

No product-specific advertising of any type appears in this activity. No links to product websites appear in this activity.

### List of Principal Faculty and Credentials

Howard Taras, MD, FAAP  
 Heather Conrad, MD  
 Mark Sawyer, MD, FAAP  
 Corinne McCarthy, RN  
 Hilary Bowers, MD, FAAP  
 Kanani Titchen, MD, FAAP  
 Natalie Muth, MD, MPH, RDN, FAAP

### Method of Participation, Minimum Performance Level, and Credit Claiming

Learners will participate in the webinar via an internet connection and phone line. Upon completion of the webinar, participants will complete a 5-question quiz based on the content of the webinar. Participants must successfully complete the post activity quiz with a minimum passing score of 70% or higher in order to receive CME credit for this activity. Upon submission of the quiz and verification of the 70% minimum passing score requirement, participants will be able to log onto PediaLink to claim/record their CME credit or print a CME certificate.

### Name of Medium or Combination of Media Used

Live webinar course via a computer and internet connection for viewing and a phone line for audio.

### List of hardware/software requirements

Our team would like to ensure that you have a great experience with streaming media services. Due to variations in PC and network security configurations, we recommend that you test the ability to receive streaming media before the day of this event on the computer you will be using to view the event.

#### System requirements

The system requirements for viewing a streaming media event are:

##### Windows

- Windows XP, Windows 2003 or Windows Vista
- Display resolution of 800x600 pixels or greater
- Microsoft Internet Explorer 6.0 SP1 or later, Firefox 2.0 or later, or Google Chrome 1.0
- For Firefox and Chrome, [Silverlight](#) 1.0 or later
- Windows Media Player 9.0 or later
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

##### Mac

- Mac OS X 10.4.8 or later
- Safari 2.0.4 or later (or Firefox 2.0 or later)
- [Silverlight](#) 1.0
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

### Need more help?

If you need further assistance, please call AAP Member and Customer Care Monday–Friday at 866.843.2271 or 630.626.6000 between 7:30 am and 5:00 pm CT, or email us at [MCC@aap.org](mailto:MCC@aap.org). For local assistance at the AAP-CA3 Chapter, please email [info@aapca3.org](mailto:info@aapca3.org) or leave a voicemail at 619-281-AAP3, and your call will be promptly returned.

## Provider Contact Information

If you have questions about this course or encounter technical problems, please call 619-281-AAP3 or email [info@aapca3.org](mailto:info@aapca3.org).

## Privacy and Confidentiality Statement

At the American Academy of Pediatrics (AAP), we take the issue of privacy very seriously. We do not sell, distribute, barter, or transfer personally identifiable information obtained from a user to a third party without your consent. Any information collected on the Web site is only used for the purpose stated. The AAP list is only for important communications, and your e-mail address will not be sold or provided to third parties. You will not receive advertising or promotional materials on this list. Individual learners must provide consent in order to share contact information with ineligible companies.

The AAP may use “cookie” technology to obtain non-personal information from its online visitors. We do not extract personal information in this process nor do we provide this information to third parties. We also do not contact you based on the information in your cookie file. The AAP has taken steps to make all information received from our online visitors as secure as possible against unauthorized access and use. All information is protected by our security measures, which are periodically reviewed.

## CLAIMING YOUR CREDITS AND PRINTING CERTIFICATES (MDs)

The online AAP Transcript System is the official way to claim credit and print certificates for all AAP CME Activities and access transcripts. Credits must be claimed within one (1) year of the CME activity’s end-date.

All participants must claim their credit online by completing the easy to follow steps below. You also have the option to print a copy of your certificate. Individual or paper certificates will not be distributed to you post-activity. Please Note: If you need additional assistance a detailed instructional document can be found on the transcript homepage.

### *Claim Credit:*

1. Log on to <http://transcript.aap.org> with your AAP Username and Password.
  - a. *Note: If you are already logged into PediaLink ([www.pedialink.org](http://www.pedialink.org)), click on the Continuing Education tab then the CME Transcript button to access the transcript site and continue to step 2.*
2. Next to the activity, click the Claim CME or Claim AAP Credit Only link and enter the total number of credits you are claiming, commensurate with the extent of your participation in the activity.
3. Click the Confirm Claiming box to complete claiming process – after you have claimed your credit, you can click the print certificate link or go back to your list of activities.

Non-AAP Members: Please follow the above steps to claim your credits and print a certificate. If you do not have a PediaLink account, you may create one by going to [www.pedialink.org](http://www.pedialink.org), click the link Don’t Know Your Login?, click the link Create an Account, and follow the instructions to setup an account.



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**Thank you for attending!**

EVENT MATERIALS ONLINE:  
USE THE QR CODE OR VISIT  
AAPCA3.ORG  
CLICK ON SCHOOL HEALTH  
CONFERENCE EVENT  
PASSWORD: SH22

Download the  
Virtual Resource Fair  
Slideshow  
of local non-profits  
and the conference  
syllabus on our website

**Access Speaker Slides: [Click Here](#)**

**Password is: SH22**

**Link to evaluation will be sent to your email address *after Night Two*.  
CME certificates will be available for download upon completion of the  
on-line evaluation survey or through the AAP Transcript System.**

**Attendees must claim credits through their issuing CE agency.**

**The California Board of Registered Nursing accepts AMA PRA  
Category 1 Credits™ for meeting RN continuing education requirements.  
(Report "ACCME Category 1" as the provider number.)**

**Thank you to our 2022 Speakers!**



## Speaker Biographies



### **HILARY BOWERS, MD, FAAP**

Dr. Bowers is the founding Director of Behavioral and Mental Health Services at Children's Primary Care Medical Group (CPCMG). She is spearheading the CPCMG Mental Health Initiative to create Centers of Excellence to improve the delivery of behavioral and mental health care to children and adolescents. CPCMG provides health care at 28 offices across San Diego and Riverside counties and serves the needs of 280,000 children. She is also the Lead Pediatrician of the Primary Care Behavioral Health Integration program as part of the Transforming Mental Health Initiative at Rady Children's Hospital – San Diego (RCHSD).

Dr. Bowers graduated *magna cum laude* from the University of Pennsylvania, and received her medical degree from the University of Washington. While there, she performed early research on the efficacy of telemedicine to serve rural populations. She completed her internship and residency at Cedars-Sinai Medical Center in Los Angeles, CA, with additional training at Boston Medical Center, Division of Developmental and Behavioral Pediatrics, and is a Board-Certified Pediatrician.

Dr. Bowers, with her husband of 26 years, are the proud parents of five children. She continues to be active in their schools and synagogues. Dr. Bowers has been an invited speaker to multidisciplinary conferences addressing the delivery of behavioral and mental health care. In addition, she regularly interacts with Southern California's Pediatric communities in a variety of capacities. She is committed to bringing mental health care into the primary care home, and is a passionate advocate for improved and timely access to quality pediatric behavioral and mental health care.



### **HEATHER CONRAD, MD**

Consultant San Diego County Department of Public Health  
Associate Professor of Pediatrics University of California/Rady Children's Hospital

Dr. Heather Conrad is an Associate Professor of Pediatrics at the University of California San Diego where she specializes in Pediatric Emergency Medicine. Dr. Heather Conrad provides consultation services to the Epidemiology Immunization Services Branch at the San Diego County Department of Public Health. She assists with COVID-19 coordination efforts between SDCOE and County Public Health.



### **CORINNE MCCARTHY, RN, MSN**

Corinne McCarthy, RN, MSN is currently the Coordinator for School Nursing at the San Diego County Office of Education. She has worked in the field of Pediatric Nursing since 1980, the last 15 years being in the school setting. Throughout the past several years she has supported the San Diego County school nurses with navigating the ever-changing world we are now in with COVID-19. She acts as a liaison between San Diego County Public Health and the county's school nurses, ensuring their voice is heard in the decisions made surrounding the health and wellness of the students and families in the county. Corinne coordinates school nurse orientation programs, provides oversight and training to paraprofessionals and professional development for the school nurses in San Diego County. Her background in direct pediatric care, pediatric health care education, and program development gives her the expertise to mentor new school nurses and provide consultation to San Diego County school districts.

Corinne received her BSN from George Mason University in Fairfax, VA, her MSN from Indiana University, in Indianapolis, IN, and her California Health Services Credential from San Diego State University. She currently holds the position of Past



President for the CSNO-San Diego/Imperial Region. Corinne was the recipient of CSNO San Diego - Imperial Section's 2020 School Health Administrator Award and the 2019 School Nurse Excellence Award. She is a 2015 Fellow of the Johnson & Johnson School Health Leadership Institute working to improve school health services to all communities.



**NATALIE D. MUTH, MD, MPH, RDN, FAAP, FACS**

Natalie D. Muth, MD, MPH, RDN, FAAP, FACS is a primary care pediatrician and registered dietitian at Children's Primary Care Medical Group (CPCMG) in Carlsbad, CA, where she is also the founder and director of the CPCMG WELL healthy living and nutrition clinic and the Eating Disorder Education and Networking Collaborative (EDen), and the creator of CPCMG's Epic-based Eating Disorder SmartSet. She is an Adjunct Assistant Professor at UCLA Fielding School of Public Health, past chair of the AAP Section on Obesity, a member of the Motivational Interviewing Network of Trainers, and Diplomate of the American Board of Obesity Medicine.

Dr. Muth has published several policy statements, articles and books, including the forthcoming "The Clinician's Guide to Pediatric Nutrition" published by the American Academy of Pediatrics in January 2023.



**MARK SAWYER, MD, FAAP**

Dr. Sawyer is a Professor of Clinical Pediatrics and a Pediatric Infectious Disease specialist at the UCSD School of Medicine and Rady Children's Hospital San Diego. He is the medical director of the UCSD San Diego Immunization Partnership, a contract with the San Diego County Agency for Health and Human Services to improve immunization delivery in San Diego. He is a past member of the American Academy of Pediatrics Committee on Infectious Diseases, the FDA Vaccines and Related Biological Products Advisory Committee and the CDC Advisory Committee on Immunization Practices (ACIP) and is an Associate Editor for the upcoming 2021 AAP Red Book.



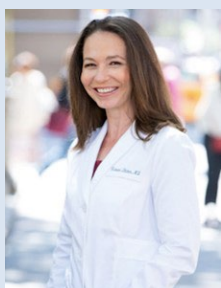
**HOWARD TARAS, MD, FAAP**

Dr. Howard Taras graduated with a BSc in Honors Biochemistry from McMaster University in 1978. He was in the 10th graduating class of McMaster University's School of Medicine (later renamed DeGroot School of Medicine). His was the first graduating medical class with a majority female population.

After a Pediatrics residency at Hospital for Sick Children in Toronto, Taras completed a fellowship in Community Pediatrics at University of California-San Diego, specializing in School Health. He was recruited to the faculty of UCSD's Pediatrics Department afterwards, where he remains to this day.

In addition to practicing and teaching general pediatrics, Taras developed joint endeavors between health academics and members of the community such as: initiating continuity clinic resident placement into community clinics and practices; recruiting schools to help enlist low-income children into health insurance programs; linking schools with oral health prevention programs; assisting schools with safe placement of children with medically fragile conditions, and training law students (California Western School of Law) to better understand and collaborate with health and other professionals.

As past director of Community Engagement Division of UCSD's Clinical & Translational Research Institute, Taras bridged community members' health and research priorities with those of basic and clinical researchers. Several international school health assignments, numerous scientific publications, and a smattering of awards highlight Taras's career thus far. Currently, Taras provides medical consultation services to school districts across California.



**KANANI TITCHEN, MD, FAAP**

Dr. Titchen an Assistant Professor and Adolescent Medicine sub-specialist at UC San Diego and Rady Children's Hospital. Dr. Titchen has expertise in trauma-sensitive adolescent healthcare, sexual and reproductive health, eating disorders, and human trafficking and is the director of the UCSD/Rady Children's Hospital Adolescent Reproductive Medicine Clinic. She serves on committees for the Society of Adolescent Health and Medicine and the American Academy of Pediatrics and is a member of the North American Society for Pediatric and Adolescent Gynecology.

Dr. Titchen is a nationally recognized speaker on the topic of human trafficking, is a consultant to HEAL Trafficking and the National Human Trafficking Training and Technical Assistance Center for the U.S. Department of Health and Human Services and is Co-Founder of the Physicians Against the Trafficking of Humans, a program of the American Medical Women's Association.



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## **Evaluation Submission**

**The conference evaluation link will be emailed to you at the end of the conference's 2<sup>nd</sup> night. The link is also below.**

**Please complete within 1 week for CME credit *after* the conference has ended.**

**Evaluation Survey**

**<https://www.surveymonkey.com/r/schoolhealth22>**

**MOC Part 2 Quiz (for MDs only):**

**<https://www.surveymonkey.com/r/SH22moc2>**

**Please complete the evaluation to validate your CME *and* MOC Part 2 Quiz to earn MOC Part 2 (MDs only).**



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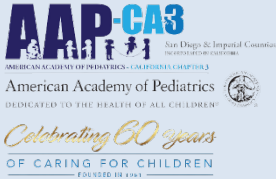
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## CHAPTER PROJECTS & COMMUNITY RESOURCES



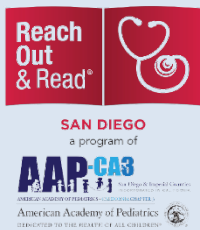
[AAP-CA3](#) The San Diego and Imperial Counties Chapter of the American Academy of Pediatrics, a 501c3 organization, is a trusted leader for children's health and well-being. In addition to providing member services for local pediatricians since 1961, the AAP-CA3 oversees several countywide projects in support of child health initiatives. A few of these projects are listed below.



[First Five First Steps](#) a voluntary home visitation program that strengthens child and family relationships by providing support, education, and guidance to parents. AAP-CA3 is the Countywide Coordinator and supports multiple direct service sites throughout the county with outreach, training, and technical assistance. Funding is provided by First 5 San Diego.



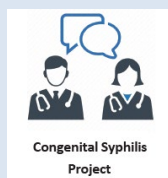
[Healthy Development Services](#) is a program of the AAP-CA3 that provides no-cost developmental screening, assessment, and treatment for children birth through age 5. HDS services are targeted towards children with mild to moderate developmental and behavioral concerns with the intent of providing help for children who otherwise would not receive the care that they need. AAP-CA3 provides countywide coordination and support to provide expertise and technical assistance to the HDS system of care. Funding is provided by First 5.



[Reach Out and Read San Diego](#) (RORS) program prepares San Diego's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together every day. RORS is an early literacy program proven to improve educational and social outcomes for at-risk children. Our volunteer RORS trained pediatricians teach parents how to use daily reading to strengthen family bonds and build their child's early learning skills to prepare for kindergarten. Its integration into well-child visits promotes continuous delivery from a trusted provider to support their children's emotional well-being and learning at home. RORS is ongoing and impacts 88,000 children each year. Shared reading builds children's language and cognitive skills, so they enter Kindergarten better prepared to read, learn and succeed, skills for successful, long-term education and lifelong success. Our vision is that every child is read to every day.



[Immunization & Infection Control Education Projects](#) AAP-CA3 provides project support on immunization and infection control education through pediatric health grants. We share the latest scientific information available for the benefit of the local pediatric community utilizing several outlets, including our member e-newsletter, CME trainings, and through social media.



[Congenital Syphilis Project](#) works to decrease the number of congenital syphilis cases in San Diego County through a provider detailing program to educate healthcare providers of women of childbearing potential and pregnant women about congenital syphilis prevention and diagnosis and treatment of syphilis during pregnancy. Funding is provided by the CDPH STD Control Branch.



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## NON-PROFIT COMMUNITY RESOURCES

For more resources and to download the virtual resource fair slideshow, scan the QR code to see the conference webpage.



**First Five San Diego:** Head, hand, heart speaks to First 5 San Diego’s philosophy of the need to care for the whole child during the first years of life. First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. Our goal is to help ensure that every child in San Diego County enters school ready to succeed. First 5 San Diego provides San Diego’s youngest children with healthy development screenings, dental care, high-quality preschool, and parenting workshops. First 5 San Diego programs and services are funded through San Diego County’s portion of the State’s Proposition 10 tax revenues. Programs and services are funded based on local needs and priorities and fit within the Commission’s goals.



**The California Immunization Coalition (CIC)** is a 501(c)(3) non-profit public-private partnership dedicated to achieving and maintaining full immunization protection for all Californians to promote health and prevent serious illness, disability, and death.



**San Diego Immunization Coalition (SDIC):** The mission of SDIC is to increase immunization rates and improve the health of the residents of San Diego County by raising awareness and providing education about vaccine-preventable diseases.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**YMCA Behavioral and Mental Health Services in San Diego:** YMCA Youth & Family Services (YFS) is a branch of the YMCA of San Diego County devoted to social services. Our unique programming has been addressing San Diego’s most pressing social issues since 1970 and we continue to expand our services to adapt to our community’s needs. With our current public health crisis and the need for physical distancing, the YMCA of San Diego County’s Youth & Family Services department has created new opportunities to experience the benefits of connecting with qualified mental health counselors through teletherapy.



**Burn Institute** in San Diego provides life-changing services for burn survivors. To prevent fires and burns, we work with firefighters and volunteers to educate our community.



[kNOw MORE!](#) is a drama-based prevention program that helps our 8<sup>th</sup>-12<sup>th</sup> graders identify what it looks like to be groomed for exploitation.



[San Diego Quality Preschool Initiative:](#) SDQPI provides children, especially in their critical first five years of life, with the kinds of early education experiences they need to do well in school and beyond. We do this through an individualized approach for all birth through five education programs, including center-based preschools, infant/toddler programs as well as family childcare homes, that focuses on program improvement to maximize each child's potential. We also help connect parents and families to high quality early learning and care programs, and ensure that infants, toddlers, and preschool-age children have quality early learning experiences in their local communities.



[Exceptional Family Resource Center](#) provides parent-to-parent support, information, resources and training to families of children with disabilities or special health and learning needs and professionals in San Diego and Imperial Counties. EFRC Family Support Liaisons are peer-parent mentors who have received training on family-driven services, communication skills, resources and systems navigation.



Founded in San Diego in 1980, [Voices for Children](#) is a private, nonprofit organization that recruits, trains, and supports Court Appointed Special Advocate (CASA) volunteers who speak up for the needs and well-being of children in foster care. In 2015, Voices for Children expanded to serve children in Riverside County foster care. As the only agency designated by the courts to provide CASA volunteers in San Diego and Riverside Counties, Voices for Children's CASAs play a crucial role in helping judges make the most informed decisions for children's futures.



For more than 100 years, **Dairy Council of California** has empowered stakeholders to elevate the health of children and families through the pursuit of lifelong healthy eating habits. As a nutrition education organization, Dairy Council of California is comprised of registered dietitians and nutrition and communication experts who work directly with educators, foodservice professionals, health and wellness providers and community leaders to provide trainings, support and nutrition education resources to teach the importance of nutrition and how to eat healthfully.

## GenerateHope

[GenerateHope](#) is a holistic residential rehabilitation program providing shelter & service to sex trafficking survivors in California & Colorado including safe housing, Education & career services, Group & individual psychotherapy, Collaboration with our community for Medical, Dental, Psychiatric, Optometry & Legal care, Acupuncture, Chiropractic, Equine & other Adjunct Therapies. Working with women 18 years old & up.



[The Eric Paredes Save A Life Foundation](#) was founded to honor Eric Paredes, a Steele Canyon High School teen who lost his life to SCA at 15 in 2009. Eric's foundation strives to educate parents, educators, physicians and elected officials on the prevalence of SCA among teens and the importance of evolving prevention practices and policy. Established in 2010, the non-profit foundation provides free cardiac screenings to teens with the ultimate goal of standardizing screenings among our youth and equipping our schools with AEDs and CPR/AED training for students and staff.

## Mental Health First Aid

[Mental Health First Aid](#) is the help offered to a person developing a mental health problem or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves. Mental Health First Aid is an 8-hr certified public education program that introduces participants to risk factors, warning signs and symptoms of specific types of illnesses such as anxiety, depression, substance abuse, bipolar, and schizophrenia; builds understanding of their impact, and teaches a five-step action plan to support someone developing an emotional crisis. For information regarding mental health first aid trainings' please visit our website at [www.mhasd.org](http://www.mhasd.org) and register for upcoming training in San Diego County.



The [PDATF](#) is a multi-disciplinary task force centered on inter-agency collaboration. It is comprised of key officials representing the Board of Supervisors, Medical Examiner's Office, hospitals, behavioral health, public health, law enforcement, prevention providers, community members, and others all working collectively to reduce misuse and save lives. Learn more about PDATF: [www.sdpdatf.org](http://www.sdpdatf.org)



The mission of [San Diego Audubon Society](#) is to foster the protection and appreciation of birds, other wildlife, and their habitats, through education and study, and advocate for a cleaner, healthier environment.



[California Nurses for Environmental Health & Justice](#) is an organization of individual nurses and nursing organizations that partner with NGO's, healthcare organizations, and communities to champion environmental health and justice. Nurses recognize the enormous impact that we are having on the environment and how our compromised environment is, in turn, impacting human and ecological health. Equally importantly, we are acting on this knowledge by bringing our many nursing roles into play as we integrate our concerns about environmental health into nursing education, practice, research and into local and state advocacy efforts.

### Voting 4 Climate & Health/Vote-ER

**The Voting4Climate&Health** team believe that as trusted health professionals, we can help our patients understand that VOTING gives them a voice in the policies that affect their environment, their choices and therefore their health. Find more information about being a champion and resources to help bring Vot-ER to your school, clinic or institution [here](#), or get involved contact: [voteclimatehealth@gmail.com](mailto:voteclimatehealth@gmail.com)

### CleanEarth4Kids

[CleanEarth4Kids.org's](#) mission is to protect children's health & future, public & worker health and safety, clean air and water, streams, rivers, oceans, public lands, forests, trees, wildlife, ecosystems, climate, healthy soils & food, nontoxic playgrounds, parks, schools, gardens, and products. Environmental, racial, social, climate, educational justice and JEDI (Justice, Equity, Diversity & Inclusion) are at the heart of our organization.

**For more non-profit resources, download the Virtual Resource Fair slides at [www.aapca3.org](http://www.aapca3.org).**

### Resource links related to 2022 Speaker Lectures

- [San Diego Students Sick From Flu Outbreak Coverage \(10/14/22\)](#)
- [2022–2023 Recommendations for Influenza Prevention and Treatment in Children: An Update for Pediatric Providers](#)
- [HHS Influenza Webpage](#)
- [San Diego County Office of Education School Nursing page](#)
- [San Diego County HHS COVID-19 in San Diego County Updates](#)
- [AAP-CA3 Immunization & Infectious Disease page](#)
- [AAP Pediatric COVID-19 Vaccine Dosing Quick Reference Guide](#)
- [AAP Pediatric Mental Health Minute Series](#)
- [Health Organizations Urge the Biden Administration to Declare a Federal National Emergency in Children's Mental Health](#)
- [kNOw MORE! Human Trafficking Awareness and Prevention Curriculum](#)
- [Home & Hospital Instruction Program Summary](#)
- [Smart Care/Vista Hill](#)



AMERICAN ACADEMY OF PEDIATRICS - CALIFORNIA CHAPTER 3

American Academy of Pediatrics

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**Thank you to our long-time committee members and speakers in honor of this year's 25<sup>th</sup> conference anniversary!**

**Sharon Sternfeld, MD**

**James Murphy, MD**

**Mark Sawyer, MD**

**Howard Taras, MD**

Thank you current AAP-CA3 School Health Committee Members:

**Sharon Sternfeld, MD, Co-chair**

**James Murphy, MD, Co-chair**

**Chanelle Calhoun, MD**

**Mark Chenven, MD**

**Michelle Dern, MD**

**Vanessa Forsythe, RN**

**Meredith Kennedy, MPH**

**Cindy Little**

**Corinne McCarthy, RN**

**Kirstie Pfeifer**

**Howard Taras, MD**

**Kanani Titchen, MD**



## **Interested in joining AAP-CA3's School Health Committee?**

You are invited to attend our next conference planning meeting by joining AAP-CA3's School Health Committee.

Our next Zoom meeting is on Thursday, December 1, 2022 at 6:30PM. Please RSVP to [info@aapca3.org](mailto:info@aapca3.org) by November 26<sup>th</sup>.



San Diego & Imperial Counties  
INCORPORATED IN CALIFORNIA

AMERICAN ACADEMY OF PEDIATRICS - CALIFORNIA CHAPTER 3

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**Thank you for attending!**



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Download the  
Virtual Resource Fair  
Slideshow  
of local non-profits  
and the conference  
syllabus on our website



SAN DIEGO PEDIATRIC SCHOOL HEALTH CONFERENCE



Please join us Fall 2023 for  
the 26<sup>TH</sup> ANNUAL SAN DIEGO  
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HEALTH CONFERENCE!

Please check [www.aapca3.org](http://www.aapca3.org) next  
summer for information.





