



AMERICAN ACADEMY OF PEDIATRICS - CALIFORNIA CHAPTER 3

American Academy of Pediatrics

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**Congratulations to Maya Kumar, MD, FAAP –
the AAP-CA3's 2021 Early Career Physician Pediatrician of the Year!**



Maya Kumar, MD, FAAP
Assistant Professor, HS Clinical Series (Adolescent Medicine)
Division of Adolescent Medicine, Department of Pediatrics
UC San Diego / Rady Children's Hospital

The American Academy of Pediatrics, California Chapter 3 (AAP-CA3) is pleased to announce the recipient of the *2021 Early Career Physician (ECP) Pediatrician of the Year Award* to Maya Kumar, MD, FAAP. Dr. Kumar graduated with her medical degree from the University of Alberta before completing her residency at Western University, subspecialty residency from University of Toronto, and fellowship from Children's Hospital Los Angeles.

Currently, she is an assistant professor of adolescent medicine at UC San Diego/Rady Children's Hospital Division of Adolescent Medicine; faculty lead for the Diversity and Inclusion Mentorship Program at UC San Diego School of Medicine; website champion for the Division of Adolescent and Young Adult Medicine at Rady Children's Hospital San Diego; while residing on the Women in Pediatrics Planning Committee, Pediatric Resident Selection Committee, and Pediatric Residency Clinical Competency Committee at UC San Diego.

Dr. Kumar maintains a fervent dedication to Equity, Diversity and Inclusion (EDI) from her work with the San Diego Job Corps low-income adolescents and young adults to help them escape poverty by organizing and executing mock interviews to prepare them for the work force; faculty lead for the UCSD Pediatrics Diversity and Inclusion Mentoring Program for medical students, residents, and fellows who identify as underrepresented in medicine; and clinical practice at Rady Children's Adolescent and Young Adult Clinic serving underserved and marginalized youth, including group home and foster youth, LGBTQ+ youth, and a large proportion of Medi-Cal patients.

In addition to her work as an EDI champion, Dr. Kumar specializes in caring for children, adolescents, and young adults who struggle with nutritional and eating disorders and has special interest in adolescent sexual health and gynecological care. She provides care for youth with anxiety, depression, attention-deficit/hyperactivity disorder (SDHS), and school-related or social challenges, including psychotropic medication management.

Dr. Kumar is an active member of AAP-CA3 and began her involvement with the chapter since she moved to San Diego in 2014. She rapidly became involved serving as the Early Career Physician Liaison since 2015, First 5 First Steps Advisory Group Member since 2016, and chair of the Adolescent Health Committee since 2018. In addition to dedicating her time to the chapter, Dr. Kumar regularly volunteers for community-based initiatives such as

organizing food drives for AAP-CA3 and UCSD/Rady Children's Hospital since 2016, even earning AAP-CA3's Special Achievement Award for her advocacy work and community service.

AAP-CA3 and its leadership are proud to have Dr. Kumar as a colleague and mentor. We are honored to present her with the AAP-CA3's 2021 Early Career Physician Pediatrician of the Year Award.