

AAP-CA3 CHAPTER TOWN HALL EVENT

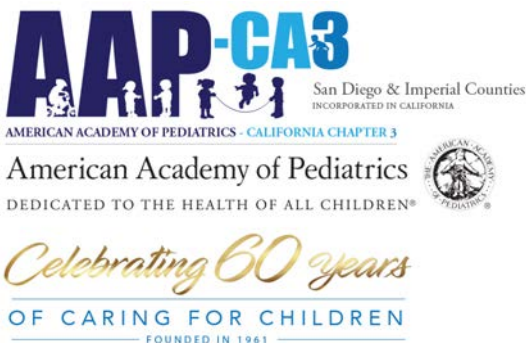
NUTRITIONAL CONCERNS IN ADOLESCENTS DURING THE COVID-19 PANDEMIC

In conjunction with the

SEX, DRUGS & ROCK 'N' ROLL

ADOLESCENT HEALTH LECTURE SERIES

HOSTED BY



American Academy of Pediatrics, CA Chapter 3 will be holding the 7th event in the lecture series, Sex, Drugs and Rock 'n' Roll, on Adolescent Health topics.

At this event in the Sex, Drugs, and Rock'n'Roll series, a multidisciplinary panel of adolescent health providers will introduce important concepts about Nutritional Concerns in Adolescents during the COVID-19 Pandemic.

AGENDA

6:30PM Introductions

Michelle Dern, MD, FAAP

AAP- CA3 President
Scripps Coastal

Maya Kumar, MD, FAAP

UCSD/Rady Children's
AAP-CA3 Adolescent Medicine Chair

6:35PM Kathryn Ward, PhD- Disordered Eating

Maya Kumar, MD, FAAP- Food Insecurity

Natalie Muth, MD- School Closures

Breakout Sessions, Speaker rotates

- Breakout 1 6:40-6:55PM
- Breakout 2 6:55-7:10PM
- Breakout 3 7:10-7:25PM

7:30PM Program Review

7:40PM Christine Wood, MD- Practical Tips and Resources

7:50PM Q&A

8:00PM Program Ends

Wednesday, March 17, 2021

6:30 PM - 8 PM | VIA ZOOM

FREE to AAP-CA3 Members
1.5 continuing medical education credits & MOC pending*

Following a brief introduction, participants will rotate through 3 breakout rooms in which participants will receive information related to disordered eating, food security, and effects of school closure, followed by facilitated group discussions about possible clinical strategies, necessary areas of advocacy, and potential public health interventions that could help. We will wrap up with practical suggestions for clinicians and a review of helpful resources, followed by Q&A with our multidisciplinary panel.

Featured Speakers



Maya Kumar
MD, FAAP



Kathryn Ward
PhD



Christine Wood
MD, FAAP



Natalie Muth
MD, MPH, RDN, FAAP, FACS

Maya Kumar, MD, FAAP

Dr. Maya Kumar is a board-certified pediatrician and adolescent medicine physician at UCSD, and Chair of the AAPCA3 Adolescent Health Committee. She provides inpatient medical care for some of the most medically and psychiatrically acute eating disorder patients in the country on the Medical-Behavioral Unit at Rady Children's Hospital. She also provides outpatient medical consultation for eating disorder patients.

Kathryn Ward, PhD

Dr. Kate Ward is a staff psychologist at Rady Children's Hospital's Medical Behavioral Unit (MBU). She completed her PhD in clinical psychology at the California School of Professional Psychology in San Diego. Dr. Ward completed her clinical internship at Primary Children's Hospital in Salt Lake City, UT working with children, adolescents, and families with a wide variety of psychiatric needs. Dr. Ward has received specialized training in the treatment of children and adolescents with eating and feeding disorders as well as many challenges that co-occur with eating and feeding disorders, such as depression, anxiety, trauma, and developmental disorders.

Christine Wood, MD, FAAP, CLE

Dr. Chris Wood is a board-certified pediatrician at Coast Pediatrics in Carmel Valley. Dr. Wood has medical expertise in eating disorders in teens and young adults. She is a Certified Lactation Educator, researcher, author, and speaker. She completed her M.D. at the University of Michigan Medical School before moving to Southern California to complete post-graduate training in Medical Education from the University of Southern California, and her C.L.E from the University of California, San Diego. She later became Chief Resident in Pediatrics for Children's Hospital of Los Angeles.

Natalie Muth, MD, MPH, RDN, FAAP, FACS

Dr. Natalie Muth is a general pediatrician and registered dietitian at Children's Primary Care Medical Group (CPCMG). She is the Director and founder of CPCMG's WELL Clinic which helps children affected by obesity and their families optimize health in 5 areas: nutrition, physical activity, sleep, screen use, and social/emotional wellness. She also is Chair of the AAP Section on Obesity, adjunct professor at the UCLA Fielding School of Public Health, national spokesperson for the AAP, and author of several books, including the upcoming Pediatric Nutrition for Primary Care published by the AAP.

CREDIT STATEMENTS:

- *This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the California Chapter 3 of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.*
- *The AAP designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*
- *This activity is acceptable for a maximum of 1.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.*
- *PAs may claim a maximum of 1.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit[™] from organizations accredited by ACCME or a recognized state medical society.*
- *This program is accredited for 1.5 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.*

MOC STATEMENT:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.