



San Diego & Imperial Counties
INCORPORATED IN CALIFORNIA

AMERICAN ACADEMY OF PEDIATRICS - CALIFORNIA CHAPTER 3

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



AAP-CA3 COVID Talk Resource List

PowerPoint Video in English and Spanish

Updated 03/24/21

1. General Information on all Pediatric Health topics including COVID 19 and Mental Health:
 - a. www.Healthychildren.org
 - b. www.Healthychildren.org/spanish (Espanol)

2. Mental Health Resources
 - a. www.211sandiego.org
 - b. www.Up2sd.org
 - c. www.Up2SD.org/es (Espanol)
 - d. www.YourLifeYourVoice.org Teen Line/Text/App
 - e. SmartCare Parent Line: 858.956.9501
 - f. CalHope "Warm Line": 833.317.HOPE (4673)
 - g. San Diego Access and Crisis Line: 888.724.7240
 - h. Rady Children's Behavioral Health Urgent Care: 858.966.5484

3. Housing/Food assistance
 - a. www.211sandiego.org
 - b. www.Sandiegocounty.gov "Emergency Rental Assistance Program"
 - c. www.feedingsandiego.gov
 - d. www.sandiegofoodbank.org
 - e. www.sandiegohungercoalition.org