

	Phone	Address	Age of children seen	Accepting new Dental patients?	In network insurance providers	Languages spoken (other than English)
<b>Parvathi Pokala DDS and Associates</b>	(858) 278-8700	8031 Linda Vista Road Suite 200 San Diego, CA 92111	0-3 years old	Yes. We are not accepting new patients unless they are under the age of four or being referred for treatment under General Anesthesia.	Aetna, Cigna, Delta Premier, First Dental Health, Humana, Metlife, United Concordia, United Healthcare PPO, We accept all PPO insurances (we are out of network with a few)	Spanish, Hindu
<b>Brsh and Flss Pediatric Dentistry</b>	(619) 485-1200	7189 Navajo Rd. Suite A San Diego, CA 92119	1-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare, Principal, Geha, Gardian, Blue Cross, Blue Shield, Anthem	Arabic, Spanish, Tagalog, Indian, Urdu
<b>South Coast Dental</b>	(619) 477-1970	202 Mile of Cars Way National City, CA 91950	1-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Spanish, English, Farsi
<b>La Maestra</b>	(619) 564-7018	4060 Fairmount Ave. San Diego, CA 92105 (1st Floor)	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Arabic, Spanish, Vietnamese, Swahili, Farsi, Burmese, Somali

	Phone	Address	Age of children seen	Accepting new Denti-Cal patients?	In network insurance providers	Languages spoken (other than English)
<b>La Maestra</b>	(619) 741-3045	7967 Broadway Ave. Lemon Grove, CA 91945	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Arabic, Spanish, Tagalog
<b>La Maestra</b>	(619) 328-1335	183 South First Street El Cajon, CA 92019	1-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Metlife, United Concordia, United Healthcare	Arabic, Chaldean, Spanish, Vietnamese
<b>La Maestra</b>	(619) 795-5983	1032 Broadway El Cajon, CA 92021	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Arabic, Chaldean, Spanish
<b>La Maestra</b>	(619) 961-0801	4060 Fairmount Ave. San Diego, CA 92105 (3rd Floor)	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Arabic, Cantonese, Korean, Mandarin, Spanish, Tagalog, Vietnamese, Burmese, Lao
<b>La Maestra</b>	(619) 285-8135	4305 University Ave. Suite 120 San Diego, CA 92105	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare	Spanish
<b>Mary M. O'Connor, DDS Pediatric Dentistry</b>	(619) 291-5291	420 Spruce Street Suite A San Diego, CA 92103	0-3 years old	Yes (under 9 years old)	Delta Premier, Delta PPO, Metlife, United Concordia, United Concordia (DOD)	Spanish

	Phone	Address	Age of children seen	Accepting new Dental patients?	In network insurance providers	Languages spoken (other than English)
<b>La Maestra</b>	(619) 516-2463	217 Highland Ave National City, CA 91950	1-3 years old	Yes	Aetna, Cigna, Delta PPO, First Dental Health, Metlife, United Concordia, United Healthcare, All PPO Insurance	Arabic, Spanish
<b>La Maestra</b>	(619) 501-1235	4305 University Ave. Suite 150 San Diego, CA 92105	0-3 years old	Yes	Aetna, Cigna, Delta Premier, Delta PPO, First Dental Health, Humana, Metlife, United Concordia, United Concordia (DOD), United Healthcare; PPO - Principal, Guardian; HMO - Liberty	Mandarin, Spanish, Samali
<b>San Ysidro Health Center</b>	(619) 662-4100	678 3rd Avenue Chula Vista, CA 91910	0-3 years old	Yes	In-house sliding fee, depends - some PPO and HMOs, or has to have clinic as set dental office on insurance	Spanish, Tagalog, Has interpreters - have to notify clinic ahead of time