



**Please join us March 21 and/or March 22, 2019**

**Thursday March 21<sup>st</sup> 5:00 PM - 9:00 PM**

\$50.00 – Students \$25.00

**Friday March 22<sup>nd</sup> 8:00 AM - 5:00 PM**

\$99.00 – Students \$50.00

**Attend Both! - \$149.00 – Students \$75.00**

(must present valid student ID at registration desk)

**Fees Includes Parking, Food and 9 Credits**

**Double Tree Hotel - Hazard Center**

7450 Hazard Center Dr. San Diego CA 92108

In an effort to provide child and adolescent psychiatrists, psychologists, child therapists, mental health clinical practitioners, pediatricians, family physicians, educators, behavioral health and child welfare and community organizations with the most up-to-date information on complex issues facing youth, families and communities, we have arranged an exceptional group of speakers to address the challenges of the changing world. **If you work with children, adolescents and families, you do not want to miss this conference!**

To register visit: [www.CICAMH.com](http://www.CICAMH.com)



## Session Topics:

### Thursday:

***“Managing Behavioral Health Problems Across Disciplines: How Can Pediatricians, Therapists and Child Psychiatrists Work Together?”***

A Multidisciplinary Round Table Discussion of 2 Complex Clinical Cases Exploring Opportunities and Challenges in Providing Collaborative Care

### Friday:

***“Managing Change in a Changing World”***

#### Keynotes and Breakouts

- \* Immigration and Families
  - \* Superhero Therapy
- \* iGen- Generational Study of 11 million teens
  - \* Gender Non-Conforming Youth
  - \* School Threat Assessments
- \* Menstrual Disorders & Mental Health
  - \* Sleep Disorders in Children
- \* Play Therapy for Emotional Regulation
  - \* Grief Support
  - \* Unsheltered Youth
- \* Cannabis and Contemporary Controversies

## Learning Objectives:

- \* Explore the opportunities and challenges in providing team focused collaborative care across professional disciplines.
- \* Understand normal sleep and the various disorders of sleep that may impact children and youth and know the preferred treatment interventions to address these problems.
- \* Identify and describe characteristics of the upcoming generations of youth within the context of the electronic information world.
- \* Examine the impact of immigration, family separations and stigma on emotional functioning, social development and functionality.
- \* Appreciate the challenges faced by youth who are gender non-conforming, unsheltered and coping with physiologic change in menarche.
- \* Value interdisciplinary interventions and enhance the quality of physical and mental health care delivery.

**Accreditation: Up to 9 Credits**

## Planning Partners:

