



## PROGRAM

Date: MARCH 21<sup>st</sup> 2019.

**THURSDAY EVENING**

**05:00 PM – 6:00 PM Registration / Exhibitor Displays/ Reception**

**6:00 PM – 7:00 PM Introductory Panel: What Do We Need to Do It Well:**  
Mark Chenven, MD

<i>Pediatric Perspective:</i>	<b>Steve Carson, MD</b>
	<b>Hilary Bowers, MD</b>
<i>Therapist Perspective :</i>	<b>Angie Coulter, LMFT, MAT</b>
<i>Psychologist Perspective:</i>	<b>Abby Brewer Johnson, PhD</b>

**7:00 PM – 8:00 PM Case #1: Complex Mood Disorder Presentation – Adolescent**

- a. Case Review
- b. Tabletop Dialogue
- c. Group Dialogue

**8:00 PM – 9:00 PM Case #2: Complex Disruptive Behavior Disorder--Child**

- a. Case Review
- b. Tabletop Dialogue
- c. Group Dialogue

**9:00 CLOSING STATEMENTS/ DISCUSSION**

## **PROGRAM**

**Date: MARCH 22nd 2019.**

### **FRIDAY**

- 7:00 AM – 8:00 AM Continental Breakfast  
Registration / Exhibitor Displays.
- 8:00 AM – 8:30 AM Introduction:  
**Course Directors:**  
**Anoop Karippot, MD**  
**Mark Chenven, MD**
- 8:30 AM – 10:00 AM **Separation of Families – Challenging Times with Immigration,  
Refugee Crisis, Secure Border Policy.**  
**-Mariela Shibley, PhD**
- 10:30 AM - 12:00 PM **iGen- Why Today’s Super-Connected Kids are Growing Up Less Rebellious,  
More Tolerant, Less Happy – and Completely Unprepared for Adulthood**  
**-Jeane Twenge, PhD**

**12:00 PM – 1:00 PM Lunch- Ballroom**

### **BREAKOUT SESSIONS**

This special arrangement will be tailored to meet each professional’s requirement for an advanced training in a small group format with hands on approach and demonstration.

#### **1:00 PM- 2:00 PM BREAKOUT SESSION - A**

##### **Breakout A-I**

##### **Sleep Disorders in Children and Adolescents.**

*Speaker:* Anoop Karippot, MD

Ankita Nair – Student, University of California, Los Angeles.

##### **Breakout A-II**

##### **High Conflict Divorce - Complications.**

*Speaker:* Susan Griffin, PhD

##### **Breakout A- III**

##### **Supporting Grieving Children and Teens: A Guide for Professionals.**

*Speaker:* Melissa Lunardini, MA

##### **Breakout A- IV**

##### **Somatic Complaints in Pediatric Patients.**

*Speaker:* Maya Kumar, MD, University of California, San Diego, CA.

##### **Breakout A- V**

##### **School Threat Assessment**

*Speakers:* Andrija Lopez

Barbara Higgins

Jim Crittenden

**2:00 PM to 2:15 PM: Break: Tea /Coffee – Networking.**

**2:15 PM- 3:15 PM BREAKOUT SESSION - B**

**Breakout B-I**

**CBT-I: Cognitive Behavioral Therapy for Insomnia & Sleep Disorders.**

*Speaker:* Anoop Karippot, MD

**Breakout B- II**

**Transgender & Gender Non-Conforming Youth: How to provide gender affirming support to youth & their families.**

*Speaker:* Huong Diep, PsyD.

**Breakout B-III**

**SAFETAY**

*Speaker:* Vanessa Arteaga, LMFT

**Breakout B-IV**

**Methods for Assessing and Working with Attachment and Emotional Regulation of Young Children**

*Speaker:* Kathryn De Bruin, MFT

**Breakout B-V**

**How does Cannabis Effect the Developing Brains of Children and Adolescents?**

*Speaker:* Susan Writer, PhD

**3:15 PM to 3:30 PM: Break: Tea /Coffee – Networking.**

**CLOSING PLENARY**

**3:30 PM- 4:30 PM Superhero Therapy: Healing Trauma through Fictional Characters  
- Janina Scarlet, PhD**

**4:30 PM - 5:00 CLOSING STATEMENTS / WRAP UP / CERTIFICATES**

**Course Directors:**

**Anoop Karippot, MD, DFAACAP**

**Mark Chenven, MD, DFAACAP**