Congratulations to Eyla Boies, MD, FAAP, FABM – the 2020 AAP-CA3’s Bronwen Anders Pediatrician of the Year!

Eyla Boies, MD, FAAP, FABM
Professor of Pediatrics
University of California, San Diego

The American Academy of Pediatrics, CA Chapter 3 (AAP-CA 3) is pleased to announce that our 2020 Bronwen Anders Pediatrician of the Year is awarded to Eyla Boies, MD, FAAP, FABM. Dr. Boies is a Professor of Pediatrics at UCSD and has been an active chapter member for over 20 years. Her Area of specialty and interest are breastfeeding medicine and addressing parental vaccine hesitancy. She has been a member of the AAP-CA 3 Infectious Disease Committee for over 15 years and served as Chair of the committee for the last twelve years. Dr. Boies helped to recruit pediatricians from most of the major pediatric practices/health systems to meet on a regular basis with San Diego County epidemiologists and infectious disease experts from UCSD and Rady Children’s Hospital. This dynamic committee tackled a variety of challenging issues including revising current guidelines for managing tuberculosis, providing input to a county-wide Zika task force, and addressing the issue of inappropriate vaccine medical exemptions. The Committee was especially active over the last twelve months starting with an emergency meeting called at the outset of the COVID-19 pandemic where pediatricians shared how their offices were navigating the pandemic and complying with the many guidelines coming from health officials. The committee continued to meet approximately every 6 weeks, two meetings of which were in a town hall format where all Chapter members were invited.

Dr. Boies is a general pediatrician at UCSD where she teaches and mentors residents and students in offices in La Jolla and on Frost Street. Her area of expertise lies in the field of breastfeeding medicine with an emphasis on helping the preterm infant and mother after discharge with the challenges of breastfeeding and lactation. In 2008 she established and continues to serve as Medical Director of the Premature Infant Nutrition Clinic (PINC) where she has seen over 1200 mothers and infants. She co-author of Academy of Breastfeeding Medicine Protocol #10, Breastfeeding the Late Preterm and Early Term Infant. She has been a member of the board of directors of the Academy of Breastfeeding
Medicine (an international organization of physicians of different specialties whose mission is to support and advocate breastfeeding based on evidence) for 7 years and is currently serving as secretary.

Dr. Boies graduated from the Washington University in St. Louis School of Medicine in 1978 and then completed her pediatric internship, residency and fellowship in pediatric infectious disease, working on clinical trials for the Hemophilus Influenza type B vaccine (1983), at Washington University School of Medicine and St. Louis Children’s Hospital. She joined the faculty of UCSD Academic General Pediatrics in 1992 after practicing in St. Louis for nine years.

Our Chapter and its leadership are proud to have Dr. Boies as a colleague and mentor. We are honored to present her with the AAP-CA3’s 2020 Bronwen Anders Pediatrician of the Year Award.